### **FEBRUARY 2007**

[KQ 804 C]

Sub. Code: 9104

II. Short notes :

 $(6 \times 5 = 30)$ 

### M.O.T. DEGREE EXAMINATION.

(Revised Regulation)

Part II

Branch II — Advanced Occupational Therapy in Mental Health

Paper I - CLINICAL SPECIALITY

Time: Three hours Maximum: 100 marks

Theory: Two hours and Theory: 80 marks

forty minutes

M.C.Q : Twenty minutes M.C.Q. : 20 marks

Answer ALL questions.

Draw suitable diagrams wherever necessary.

### I. Essay questions :

- (1) Discuss the perspective of Model of Human Occupation in relation to disability. (20)
- (2) Discuss stress in therapist working in psychiatric setup, techniques for prevention and management. (15)
- (3) Give an outline of therapeutic groups and briefly mention the importance of group therapy. (15)

- (a) Theories of emotion
- (b) Universal needs
- (c) Burnout
- (d) Therapeutic use of self
- (e) Imagery
- (f) Free association.

### **MARCH 2008**

[KS 804 C]

Sub. Code: 9104 M<sub>1</sub>

### M.O.T. DEGREE EXAMINATION.

(Revised Regulation)

Part II

Branch II — Advanced Occupational Therapy in Mental health

Paper I — CLINICAL SPECIALITY

Q.P. Code: 419104 M<sub>1</sub>

Time: Three hours Maximum: 100 marks

Answer ALL questions.

I. Long Essay:

 $(2 \times 20 = 40)$ 

- 1. Define frames of reference. Explain in detail the structure of frames of reference. Describe in detail the utility of developmental frames of reference.
- 2. Explain in detail the various types of projective technique and the application of these technique in occupational therapy.

II. Short notes:

 $(10 \times 6 = 60)$ 

- 1. Universal issues.
- 2. Theories of learning.
- Mental state examination.

- Drama therapy.
- 5. Role of family in psychiatric occupational therapy.
- 6. Memory.
- 7. Lorna Jean King's hypothesis in schizophrenia.
- 8. Therapeutic factors in group therapy.
- 9. Stress.
- 10. Prevention of suicide.

[KS 804 C]

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### September 2010

[KX 805] Sub. Code: 9105

## M.O.T. DEGREE EXAMINATION SECOND YEAR

Revised Regulation: For candidates admitted from 2005-2006 onwards

### Part II

## Paper I – CLINICAL SPECIALITY – I (Elective Subjects) ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419105

Time: Three hours Maximum: 100 marks

### **Answer All questions**

### Draw suitable diagrams where ever necessary

### **I. Essay Questions:**

 $(2 \times 20 = 40)$ 

- 1. Describe the assessment of Frontal and Temporal lobe. List the dysfunctions and management strategies.
- 2. Define Emotion. Enumerate the theories of emotion.

### **II. Write Short Notes:**

 $(10 \times 6 = 60)$ 

- 1. Conflict.
- 2. Anorexia nervosa.
- 3. Cognitive distortions.
- 4. Psychodynamics of obsessive compulsive disorder.
- 5. Personality and its types.
- 6. Universal issues.
- 7. Therapeutic use of self.
- 8. Defensive mechanism.
- 9. Social skills training.
- 10. Management of negative symptom in Schizophrenia.

### **APRIL 2011**

[KY 805] Sub. Code: 9105

### M.O.T. DEGREE EXAMINATION

### SECOND YEAR

Revised Regulation: For candidates admitted from 2005-2006 onwards

#### Part II

### Paper I – CLINICAL SPECIALITY – I

(Elective Subjects)

### ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419105

Time: Three hours Maximum: 100 marks

### **Answer All questions**

### Draw suitable diagrams where ever necessary

### **I. Essay Questions:**

 $(2 \times 20 = 40)$ 

- 1. Explain in detail the theories of learning and the application of each in Occupational therapy practice in mental health.
- 2. Discuss in detail the cognitive disability frame of reference with its application in occupational therapy. Explain with suitable examples.

### **II. Write Short Notes:**

 $(10 \times 6 = 60)$ 

- 1. Neurotic Defense mechanisms.
- 2. Day care centers.
- 3. Assessment of insight and its implications in OT treatment.
- 4. Developmental groups.
- 5. Explain sensory integrative dysfunction in psychiatric illness.
- 6. Counseling skills in occupational therapy.
- 7. Family life cycle.
- 8. Treatment principles for deficits of Volitional subsystem of Model of Human Occupation.
- 9. Application of ABC theory of cognitive-behavioral FOR in psychiatric occupational therapy.
- 10. Application of humanistic psychology in psychiatric occupational therapy.

### October 2011

[KZ 805] Sub. Code: 9105

## M.O.T. DEGREE EXAMINATION SECOND YEAR PART II

## PAPER I – CLINICAL SPECIALITY – I (ELECTIVE SUBJECTS) ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419105

Time: 3 hours Maximum: 100 marks (180 Min)

### Answer ALL questions in the same order.

| I. Elaborate on :   | Pages (Max.) | Time Marks (Max.) |
|---|--------------|-------------------|
| 1. Describe in detail the management of substance dependence.                       | 17           | 40 min. 20        |
| 2. What is learning disability? Plan an effective management strategy for the same. | 17           | 40 min. 20        |
| II. Write notes on:   |              |                   |
| 1. Difference between delirium and dementia.  | 4            | 10 min. 6         |
| 2. Korsakoff psychosis.   | 4            | 10 min. 6         |
| 3. Dissociative motor disorder.   | 4            | 10 min. 6         |
| 4. Disorders of communication.  | 4            | 10 min. 6         |
| 5. Family therapy.  | 4            | 10 min. 6         |
| 6. Subsystems according to Model of Human Occupation.                               | 4            | 10 min. 6         |
| 7. Token economy.   | 4            | 10 min. 6         |
| 8. Child abuse.   | 4            | 10 min. 6         |
| 9. Body dysmorphic disorder.  | 4            | 10 min. 6         |
| 10. Psychological implications of a person with HIV.                                | 4            | 10 min. 6         |

### **April 2012**

[LA 805] Sub. Code: 9105

### M.O.T. DEGREE EXAMINATION

### SECOND YEAR PART II

## PAPER I – CLINICAL SPECIALITY – I (ELECTIVE SUBJECTS) ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH O.P. Code: 419105

Time: 3 hours Maximum: 100 marks (180 Min) Answer ALL questions in the same order. I. Elaborate on: Pages Time Marks (Max.) (Max.) (Max.) 1. Describe in detail the management of eating disorders. 40 20 17 2. Define negative automatic thoughts. Describe in detail 17 40 20 the management of the same. II. Write notes on: 1. Universal issues. 4 10 6 2. Assertiveness training. 4 10 6 4 3. Theory of mind. 10 6 4 4. Management of positive symptoms in schizophrenia. 10 6 5. Expressed emotion. 4 10 6 6. Co-dependence. 4 10 6 4 7. Suicide. 10 6 8. Gravitational insecurity. 4 10 6 4 9. Bruxism. 10 6 10. Mini Mental State Examination. 4 10 6

[LB 805]

### OCTOBER 2012 M.O.T. DEGREE EXAMS SECOND YEAR PART II

**Sub. Code: 9105** 

## PAPER I – CLINICAL SPECIALITY – I (ELECTIVE SUBJECTS) ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419105

| Time: 3 hours | Maximum: 100 marks                      |
|---------------|---|
| (180 Min)     |   |
|               | Answer ALL questions in the same order. |

| I. Elaborate on :  | Pages  | Time   | Marks  |  |
|--|--------|--------|--------|--|
| 1. Define personality. Explain the theories of personality               | (Max.) | (Max.) | (Max.) |  |
| development and its application in psychiatric occupational therapy.     | 17     | 40     | 20     |  |
| <ol> <li>Explain in detail the behavioral frame of reference.</li> </ol> | 17     | 40     | 20     |  |
| II. Write notes on :   |        |        |        |  |
| 1. Projective techniques.  | 4      | 10     | 6      |  |
| 2. Function-dysfunction of frontal lobe in psychiatric disorders         | . 4    | 10     | 6      |  |
| 3. Contribution of any three pioneers towards occupational therapy       |        |        |        |  |
| in Mental Health.  | 4      | 10     | 6      |  |
| 4. Allen's Cognitive levels.   | 4      | 10     | 6      |  |
| 5. Physical fitness as an occupational therapy media.                    | 4      | 10     | 6      |  |
| 6. Function of activities in the developmental frame of                  |        |        |        |  |
| reference.   | 4      | 10     | 6      |  |
| 7. Task history in psychiatric occupational therapy assessment.          | 4      | 10     | 6      |  |
| 8. OCAIRS.   | 4      | 10     | 6      |  |
| 9. Information processing theory of memory.                              | 4      | 10     | 6      |  |
| 10. Application of Maslow's theory to facilitate motivation with         |        |        |        |  |
| suitable examples.   | 4      | 10     | 6      |  |

### APRIL 2013 M.O.T. DEGREE EXAMS SECOND YEAR PART II

**Sub. Code: 9105** 

(10x6=60)

### PAPER I – CLINICAL SPECIALITY – I (ELECTIVE SUBJECTS) ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419105

Time: 3 hours Maximum: 100 marks

I. Elaborate on: (2x20=40)

- 1. Discuss social cognition.
- 2. Describe the neuro chemical pathways in the central nervous system for norepinephrine ,dopamine,serotonine and acetylcholine.

### II. Write notes on:

- 1. Type of forgetting.
- 2. Stages of creative thinking.
- 3. Wundt's dimensions of feeling.
- 4. Various methods of personality measurement.
- 5. Hull's drive reduction model.
- 6. Common errors in reasoning.
- 7. Aids for behavioural coping.
- 8. Management of emotions.
- 9. Reward and punishment centres' in brain.
- 10. Stages of insight.

## M.O.T. DEGREE EXAMINATIONS SECOND YEAR

### PART - II PAPER I – CLINICAL SPECIALITY – I

### (ELECTIVE SUBJECTS)

### ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419105

Time: Three Hours Maximum: 100 marks

### Answer ALL questions in the same order

I. Elaborate on:  $(2 \times 20 = 40)$ 

- 1. The philosophical and theatrical basis of occupational Therapy in Mental health.
- 2. Explain in detail the family involvement in management of 35 year old male with diagnosis of schizophrenia.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Define memory and classify
- 2. Sheltered workshop
- 3. Occupational Therapy role in community psychiatry
- 4. Acquisitional frame of reference
- 5. Roshak in blood test
- 6. Computer as media of Occupational Therapy
- 7. Patient therapist relationship
- 8. Personality disorder
- 9. Define intelligence & tests for intelligence
- 10. Mental health

### APRIL 2014 M.O.T. DEGREE EXAMS SECOND YEAR PART II

**Sub. Code: 9105** 

### PAPER I – CLINICAL SPECIALITY – I (ELECTIVE SUBJECTS) ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419105

Time: 3 hours Maximum: 100 marks

I. Elaborate on: (2x20=40)

- 1. Explain in detail the normal development process from infancy to old age.
- 2. Define group therapy? Describe in detail the group therapy process.

### II. Write notes on: (10x6=60)

- 1. Half way home
- 2. Habit training
- 3. Cerebellar dysfunction
- 4. Types of learning
- 5. Purposeful activity
- 6. Functional assessment
- 7. Explain one standardized test
- 8. Precaution while treating psychiatric patient
- 9. Client centered therapy
- 10. ADL training in psychiatry

# M.O.T. DEGREE EXAMINATION SECOND YEAR PAPER I – CLINICAL SPECIALITY – I BRANCH II - ADVANCED OCCUPATIONAL THERAPY IN MENTAL HEALTH

Q.P. Code: 419105

Time: Three hours Maximum: 100 marks

I. Elaborate on :  $(2 \times 20 = 40)$ 

1. Describe the executive functions of the brain, their clinical significance in psychiatry and tests to measure them.

2. Various tools used in adult personality assessment and their clinical applications.

II. Write notes on:  $(10 \times 6 = 60)$ 

- 1. Family involvement in psychiatry OT
- 2. Conscious use of self
- 3. Half way home
- 4. Mini metal state examination
- 5. Projective techniques
- 6. Behavioral frame of reference
- 7. Allen's cognitive levels
- 8. Social cognition
- 9. Stages of insight
- 10. Define intelligence and tests for intelligence